

THE THREE KINGS PREPARATION

BY HUGO ERBE

(Text with kind permission from the Josephine Porter Institute)

Hugo Erbe, a German biodynamic farmer, developed HE #8 and HE #9 as companion sprays to be used as offerings to the elemental kingdom who work to release the forces that enable a plant to root, sprout, grow, blossom, and more. HE #8 was originated to help "protect against the activities of opposing forces;" and HE #9 is intended to serve as "an expression of gratitude to the elemental beings."

Note: Under no circumstances should one use the Three Kings Preparation unless one has first used all nine of the biodynamic preparations on the area to be treated.

The festival of Osiris was celebrated in ancient Egypt on January 6 and before 353 AD, the birth of Christ was celebrated on this day. Since then it, has been designated as the day that John the Baptist baptized Jesus and that the Christ Spirit entered his body. It is also celebrated as the arrival of the Three Kings bearing their gifts to the Christ child. Hugo Erbe's Three Kings Preparation of gold, frankincense and myrrh is used as a healing substance for the elementals and as protection from the activities of opposing or negative forces.

To make the spray, 30 grams each of gold (D2), frankincense and myrrh are ground together with a porcelain mortar and pestle over the midnight hour of December 31 from 11:30 pm to 12:30 am on January 1. To this powder, add 50 grams each of vegetable glycerin and rainwater and thoroughly mix for an additional five minutes to produce an emulsion. This is the stock, which will keep for years without losing its potency if it is kept in a dark, cool place, in an airtight glass container away from electrical fields.

On the afternoon of January 6, mix one teaspoon of this emulsion with a small amount of hot water to dissolve it before adding it to the container holding two quarts of warm water from rain, snow, a spring or chemical-free tap water, and stir for one hour using the same stirring method used for biodynamic horn manure and horn silica preparation sprays (creating a deep vortex in alternating directions). If tap or well water is used, it should sit in the sun for 1–3 days to be energized and to allow chlorine and other chemicals to volatilize. Clay, wood or glass containers are preferred for stirring though plastic or non-magnetic stainless steel may also be used. Do not use aluminum or zinc plated steel. The spray should be applied immediately after stirring and is applied in the late afternoon or early evening as the earth is breathing in. A clean sprayer, brush, or bundle of twigs may be used to disperse the spray water.

The spray is applied to the full boundary of the property with pauses about every fifteen feet to spray outward toward the neighbouring lands. At least two quarts of liquid are required for approximately 3,280 feet of boundary or the perimeter of sixteen acres. The perimeter of one acre is approximately 835 feet. The amount of water and materials can be adjusted according to the size of your perimeter. You may want to use plenty of water the first time you apply so you see how much water is needed according to your application method as you make a circle of protection around the area.

[via Applied Biodynamic (2016) Text from Hugo Erbe's New Bio-dynamic Preparations]

EPIPHANY VERSE

May the revelation of the Christ
Shine out to the world,
Granting to the mind
Understanding
As clear as gold.
May the love of the Christ
Stream fourth to souls,
Kindling in the heart
Prayer
As rising incense.
May the deeds of the Christ
Be known by men's spirits.
Teaching in the hands
Devotion
As healing myrrh.

[Via Applied Biodynamics (2016) from Meditative Prayers for Today by Adam Bittleston]

HOW TO DO IT YOURSELF:

If you live in an country far from the next Sales Point for the Preps, you can make the Three Kings spray yourself. Myrrh and Frankincense can be easily obtained from Esoteric Shops or even supplier of Churches.

The difficult part is the Aurum Met D2. It is important to note that the Aurum should not be made the Hahnemann way, with the so-called "kingwater" (Hydrochloric Acid/Nitric Acid), but to be done by the grinding method (1g of gold foil with 9g of lactose/milk sugar (see method below)).

As raw material one needs to use 24karat food grade gold. You can obtain gold foil/leaf from a high quality food stores or gold dealers or us gold powder with 24karat food quality grade. Lactose/Milk sugar can be obtains from health stores.

The following method takes 60min to make a D1. To obtain a D2 one needs to take 1 part of D1-Powder and follow the same procedure. (Total time needed: 120min plus)

THE METHOD FOR GRINDING THE D1:

Step 1 (2x 10min in total)

1 part Substance (24karat Gold foil/powder)

3 parts Lactose

6min grinding, 4min "scraping off". Repeat 1x

(scraping off means, the mortar and pestle is cleaned with a thin, elastic small scraper to loosen up the powder. I obtained my scraper from a homeopathic pharmacy. You can use an old credit card too)

Step 2 (2x 10min in total)

add 3 parts Lactose

6min grinding, 4min "scratching off". Repeat 1x

Step 3 (2x 10min in total)

add 3 parts Lactose

6min grinding, 4min "scratching off". Repeat 1x

In total it needs to reach 60mins.

Now take 1 part of D1 Powder, that you have just obtained and repeat:

1 Part Substance (taken von D1 Powder)

3 Parts of Lactose

6 min grinding, 4 min "scraping off"

and continue with the pattern from above until you have finished 60min in total.

Your Gold D2 or Aurum D2 is ready.

RESOURCES AND REFERENCES:

ARTICLES:

Porter, Abigail and Dr Basil Williams. "The Honoring Of The Elementals With The Festival Sprays". *Applied Biodynamics* No 88 Fall/Winter (2016): 8-11.

Print or PDF Copies can be ordered here: <https://jpibiodynamics.org/product/applied-biodynamics-single-issues-2010-present/>

Josephine Porter Institute, „Instructions for Preparing and applying the Three Kings Preparation“, provided by Josephine Porter Institute, <https://jpibiodynamics.org/wp-content/uploads/2016/05/Hugo-Erbes-8-Three-Kings-Preparation.pdf>

The Anthropopper, "Three Kings Biodynamic Preparation". *Anthropopper.wordpress.com*. N.p., 2016. Web. 6 Dec. 2016. <https://anthropopper.wordpress.com/tag/three-kings-biodynamic-preparation/>

BOOKS:

Erbe, Hugo. *Hugo Erbe's New Bio-Dynamic Preparations*. 1st ed. Newnham-on-Severn, Gloucestershire: M. Moodie, 2003. Print.

Printed book can be ordered here: <https://jpibiodynamics.org/product/hugo-erbes-new-biodynamic-preparations-by-hugo-erbe-helmut-finsterlin-ernst-hagemann-and-paul-carline/>

E-book (PDF) can be ordered here: <http://www.moodie.biz/erbe.html>

WHERE TO BUY THE „THREE KINGS PREPARATION“:

(USA) Josephine Porter Institute

Preparation, Hugo. "Hugo Erbe'S #8 Three Kings Preparation | Josephine Porter Institute". *Josephine Porter Institute*. N.p., 2016. Web. 6 Dec. 2016.

<https://jpibiodynamics.org/product/hugo-erbes-8-three-kings-preparation/>

(UK) Biodynamic Association

"Three Kings Preparation (1 X 15G Set) Applied On Jan 6Th Each Year. - Other Items - Biodynamic Preparations". *Biodynamic.org.uk*. N.p., 2016. Web. 6 Dec. 2016.

<https://www.biodynamic.org.uk/magento/biodynamic-preparations/other-items/three-kings-preparation.html>

(DE) Der Biodynamiker (Bis 12.12.2016 bestellen)

"Biologisch-Dynamische Präparate - Infos - Tipps - Bezugsmöglichkeiten - Beratung - Seminare". *Der-bio-dynamiker.de*. N.p., 2016. Web. 6 Dec. 2016.

<http://www.der-bio-dynamiker.de/>

Or ask your local Biodynamic Association.

GENERAL INFOS ABOUT BIODYNAMICS:

BIODYNAMIC PREPARATIONS:

"BD Preparations: Instructions, Articles & Videos | Josephine Porter Institute". *Josephine Porter Institute*. N.p., 2017. Web. 3 Jan. 2017. <https://jpibiodynamics.org/preparation-info/bd-prep-instructions-articles/>

"Biodynamic Preparations - Biodynamie Services". *Biodynamie-services.fr*. N.p., 2017. Web. 3 Jan. 2017. <http://www.biodynamie-services.fr/en/biodynamic-preparations/>

WEBSITES ABOUT BIODYNAMICS:

Agricultural Section Goetheanum, Dornach:

<http://www.sektion-landwirtschaft.org/en/home/home/>

FRENCH:

<http://www.biodynamie-services.fr/>, <http://www.bio-dynamie.org/>

GERMAN:

<https://www.demeter.de/inhalte> (DE) <http://www.demeter.ch/> (CH)

ENGLISH:

<https://www.biodynamics.com/> (USA), <https://jpibiodynamics.org/> (USA) <http://biodynamics.net.au/> (AUS), <https://www.biodynamic.org.uk/> (UK) <http://www.biodynamics.in/> (INDIA), <http://www.biodynamic.org.nz/> (NEW ZEALAND)

ITALIAN:

<http://www.biodinamica.org/>

SPANISH:

<http://agriculturabiologícodinamica.cl/wp/> (Chile) <http://www.biodinamica.es/> (ES)

PORTUGUESE:

<http://biodinamica.org.br/> (Brazil) <http://www.biodinamicaportugal.com/> (Portugal)

And many more on the Internet!!!